



## About Jose Calarco

Jose Calarco has a flourishing international career in the Arts, Health & Yoga, which has now spanned over a period of more than thirty years. In this time he has covered almost the entire spectrum of experience, from producer and administrator of large-scale events, to innovative artistic director in the fields of Dance, Film, Theatre, Yoga and Music. Jose's extraordinary foresight & toil saw his company "Descendance Aboriginal & Torres Strait Islander Dance Theatre" [www.descendance.com.au](http://www.descendance.com.au) grow into one of Australia's major international cultural exports. Jose was at the helm of the company's rise in 1999, multi-tasking in marketing, box office, administration, computers, music, recording, writing, & as the artistic director. Descendance has realized its latent promise, already attaining many of its objectives & dreams, having now performed in over 40 countries & at many of the world's premier events and festivals. In 2004 Jose orchestrated Descendance's finest moment when they won the "World Indigenous Dance Title" in a field of 78 countries at the first ever cultural style Olympics in Seoul Korea, the event was hosted by UNESCO (United Nations). Jose's was also at the forefront of the "World Music" and "Dance" movement in the eighties as a Director Producer and Performer with his companies "Flamenco Dreaming" & "Antonio Vargas Flamenco Dance Theatre".

In 2014 Jose joined forces with international yoga legend Ana Forrest taking on the roles of "Ceremonial Director" and "Business Mentor" of Forrest Yoga. Jose brought his years of international experience & knowledge to the organization, providing artistic and cultural beauty into the training courses and workshops, embellishing the Forrest Yoga experience with his finely tuned skills as a singer, musician, and Medicine Man. Jose's role as Co-Director & Teacher has seen Forrest Yoga bloom & evolve into fearless new horizons, incorporating Veganism, Shamanism, Aboriginality, Cultural Exchange, Live Music, Dance, Ancient Healing Techniques, Poetry & First Nation Philosophies into its curriculum. In today's modern world of Yoga, Jose is truly one of a kind.

Together the "Twin Flames" Jose Calarco & Ana Forrest are awe-inspiring, guiding the evolution & future of modern Yoga, creating a comprehensive & profound system which incorporates healing the whole person on four levels, Physical, Emotional, Mental & Spiritual. Students are encouraged to begin a "Program of Insight" & follow "Dietary Guidelines" to accompany their daily Yoga practice. Designing an inspiring life of passion & purpose off the mat & reconnecting to nature is at the forefront of their teachings. Jose & Ana have already taken their progressive brand of Yoga to over 20 countries and 100 cities around the world.

As a music composer Jose offers a rich diversity of styles, covering Contemporary, Traditional, Classical, World, Folk, Pop, Rap, Ambient & Dance. Jose includes all these styles in Forrest Yoga. As a musical Shaman he skillfully creates "Dreamtime" soundscapes, which lure the students underneath their mental clutter & allows them to delve deeply on an internal vision quest, where they can begin to observe themselves from the lofty heights of their own spirit.



**Jose Calarco music with Ana Forrest is available through iTunes & Spotify:**

- <https://itunes.apple.com/gb/artist/jose-calarco/id1261091960>
- **Jose Calarco music with Descendance “Creation CD” iTunes & Spotify**  
<https://itunes.apple.com/us/album/creation/1439367584>

**Jose Calarco YouTube music channel**

- [https://www.youtube.com/channel/UCPXdW-IGG59j\\_KlrGYc7\\_EQ/videos](https://www.youtube.com/channel/UCPXdW-IGG59j_KlrGYc7_EQ/videos)
- Jose Calarco with Descendance YouTube music channel  
<https://www.youtube.com/user/descendance/videos>

Jose has been producing performances at international corporate events now for over twenty five years; his illustrious audiences have come from the fields of Science, Technology, Medicine, Health, The Performing Arts, and Politics. Jose has produced Indigenous performances for international celebrities such as The Dalai Lama, Queen Elizabeth, Justin Timberlake, Mel Gibson, Nicole Kidman, Cate Blanchett, Baz Lurhman, Janet Jackson, Arnold Schwarzenegger, Keith Urban & Russell Crowe.

The world’s oldest living culture “The Australian Aborigines” a people dating back at least 40,000 years, have managed to reach unprecedented international exposure through Jose’s management & direction of “Descendance.” Jose’s ability to secure a blue chip client base, perform at the world’s most prestigious events, and at the same time gain immeasurable worldwide TV and Media exposure, has given the Indigenous peoples of Australia an international stage to tell their stories & speak of their plight. Jose’s strategic touring of the “world’s oldest living culture” in over 40 countries, has landed Descendance into the Australian history journals, their website is now stored in the national archives of Canberra (Australia’s capital city) Giving Descendance the honor of going from performers to historians.

José Calarco has directed four successful international performing dance companies, which include: Descendance Aboriginal & Torres Strait Islander Dance Theatre: Ngaru Aboriginal Dancers: Flamenco Dreaming, and Antonio Vargas Flamenco Dance Theatre. Jose also gained valuable administration experience from managing three high profile arts companies in Sydney, Halftix (an internationally renowned discounted arts box office), The Australian Elizabethan Theatre Trust (Australia’s initial funding source for the arts), and Ticketek (Australia’s premier box office). His five years as a film buyer & programmer for international cinema giants “Village Roadshow” helped broaden his general knowledge and skills across the arts.

Each Forrest Yoga event uses Jose’s musical talents and artistic finesse to spread Beauty and create a renewed sense of love and hope. Using the ancient spiritual technology of ‘singing into the bones’ for healing, Jose teaches intimate connection to Spirit through his original music, philosophy, writings, and insight into Indigenous culture.



Jose's experience as a faith healer and Medicine Man spans over 30 years. He has collaborated with Indigenous wisdom keepers like Medicine Woman and Australian cultural treasure Kathy Marika of the Yirrikala People of central Northern Australia, and he co-created Descendance Aboriginal with Indigenous elder and Song Woman Imelda Willis of the Yidinji and Kandju tribes. Imelda is Jose's Spiritual Mother, and was a rare woman who had been fully initiated. She adopted him into her tribes in Far Northern Queensland, Australia. Jose's relationships with Imelda Willis and with Kathy Marika are not Apprentice relationships, but equals sharing knowledge and hope. Jose's extensive travels with Descendance to over 40 countries has guided him to participate in a multitude of Indigenous ceremonies with a vast array of different cultures from around the world.